

Course Name	–	<u>POST GRADUATE DIPLOMA IN EXPRESSIVE THERAPIES (COURSE NO – 112)</u>
Course Duration	–	12 months / One year / 24 credits / Maximum 14 Modules
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted
Course Structure	–	24cr / 15credit compulsory + 9credit optional (as per learners' selection)
Eligibility	–	10+2+ 3 Years or 10+2+ 3 Years + 2 Years

COMPULSORY MODULES – 15 CREDITS / 7 MODULES

EXP01 – ABNORMAL PSYCHOLOGY – 3 credits / 45 days learning	Deeper Understanding of Mental Health Issues
EXP02 – Expressive Therapies – 3 credits /45 days learning	Learning about Various types of expressive therapies
EXP03 – Play Therapy – 3 credits / 45 days of learning	Play therapy theories and different practice models
EXP04 – Art Therapy – 3 credits / 45 days of learning	Art therapy theories and different practice models
PGD05 - Pragmatism – 1 credit / 15 days of case work	15 cases will be solved using all the techniques, skills, therapies, and exercises learnt throughout the course.
PGD06 - Dissertation – 2 credits / 30 days of Inductive learning	Theoretical or empirical work on a selected topic with guide's assistance

OPTIONAL MODULES – CHOOSE FIVE TO EIGHT MODULES FROM THE BELOW LIST TOTALLING 9 CREDITS

PSY997 - Psychology – 2 credits/ 30 days of learning	<i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i>	
EXP08 – Expressive Therapy Techniques A – 2 credits / 30 days	EXP12 – Expressive Therapy Techniques B – 2 credits / 30 days	EXP16 -Advanced Play Therapy Techniques – 2 credits / 30 days
EXP09 – Advanced Art Therapy Techniques – 2 credits / 30 days	EXP13 – Dance Movement Therapy – 1 credit / 15 days of learning	EXP17 – Music Therapy – 1 credit / 15 days of learning
EXP10 – Sand tray Therapy – 1 credit / 15 days of learning	EXP14 – Clay Therapy – 1 credit / 15 days of learning	EXP18 – Drama Therapy - 1 credit / 15 days of learning
EXP11 – Expressive Therapy with Children (case approach) – 2 credits / 30 days of learning	EXP15 – Expressive Therapy with Adults (case approach) – 2 credits / 30 days of learning	EXP19 – Expressive Therapy as a Supportive Therapy – 2 credits / 30 days of learning
EXP20 – Counselling Process – 2 credits / 30 days of learning	EXP21 – Documentation and Records – 2 credits / 30 days of learning	EXP22 – Counselling Skills – 2 credits / 30 days of learning
Course Fee	Learners from India	Learners from other countries
Life Member of IHMH	Rs. 11, 300	\$400
Others	Rs. 12, 800	\$460

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.co

For other course details and course FAQ's visit relevant course page at our website
www.imh.in – www.psychologyonline.in