Course Name – POST GRADUATE DIPLOMA IN SCHOOL COUNSELLING (COURSE NO – 83)

Course Duration – 12 months / One year / 24 credits / Maximum 15 Modules

Course Mode – Online / Downloadable & Reusable Materials / Guide Assisted

Course Structure – 24cr / 15 credit compulsory + 9 credit optional (as per learners' selection)

Eligibility – 10+2+3 Years or 10+2+3 Years + 2 Years with Psychology Preferred

COMPULSORY MODULES – 15 CREDITS / 7 MODULES

SCO01 - Child Health		
- 3 credits / 45 days learning	Associated Health Issues – Physical, Emotional, Behaviour and Academic	
SCO02 - School Counselling - 3 credits / 45 days learning	Counselling Process at Schools and Documentation Involved	
SCO03 - Counselling Skills - 2 credits / 30 days of learning	Skills required for counselling kids and adolescents	
SCO04 - Counselling Techniques A – 2 credits / 30 days of learning	200 most important techniques from Psychotherapy, CBT, Play Therapy, ART Therapy, NLP, DBT, Mindfulness will be covered.	
SCO07 - Counselling Techniques B – 2 credits / 30 days of learning	Proven advanced counselling techniques from both talk and expressive therapies will be covered.	
PGD05 - Pragmatism - 1 credit / 15 days of case work	15 cases will be solved using all the techniques, skills, therapies, and exercises learnt throughout the course.	
PGD06 - Dissertation - 2 credits / 30 days of inductive learning	Theoretical or empirical work on a selected topic with guide's assistance	

OPTIONAL MODULES - CHOOSE FIVE TO EIGHT MODULES FROM THE BELOW LIST TOTALLING 9 CREDITS

PSY997 - Psychology – 2 credits / 30 days of learning	Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,	
SCO08 – Career Counselling – 2 credits / 30 days of learning	SCO13 – Group Counselling – 2 credits / 30 days of learning	SCO18 – Counselling for Relationship Issues – 2 credits / 30 days of learning
SCO09 – Counselling for Bullying – 2 credits / 30 days of learning	SCO14 – Counselling for Suicidal intentions & self injury – 2 credits	SCO19 – Counselling Abused Children – 2 credits / 30 days of learning
SCO10 – Counselling for Academic Issues – 1 credit / 15 days of learning	SCO15 – Coaching Slow Learners – 1 credit / 15 days of learning	SCO20 – Counselling for Self Image Issues – 1 credit / 15 days of learning
SCO11 – Addiction Counselling – 1 credit / 15 days of learning	SCO16 – Interventions for common Behaviour Issues – 2 credits / 30 days	SCO21 – Counselling for Family Problems – 1 credit/ 15 days
SCO12 – Learning Difficulty Interventions – 2 credits / 30 days	SCO17 – Counselling (Mixed Issues) – 2 credits / 30 days of learning	SCO22 – ADHD Interventions – 2 credits / 30 days of learning
Course Fee	Learners from India	Learners from other countries
Life Member of IHMH	Rs. 11, 300	\$400
Others	Rs. 12, 800	\$460

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.co

For other course details and course FAQ's visit relevant course page at our website <u>www.imh.in</u> – <u>www.psychologyonline.in</u>